

Caring Dads Group in Punjabi



Our program offers a specialized group counselling program for fathers focusing on addressing intimate relationship violence and its impact on children. Please note that this is not a parenting group. During the 17-week group sessions, fathers can:



- Explore the dynamics of intimate relationship violence within the context of power and control.
- Increase awareness of the effects of relationship violence on children.
- Develop skills for regulating emotions and fostering healthier relationships with both their children and the children's mothers.
- Acquire problem-solving strategies for handling challenging situations and managing relationship difficulties.



Beginning

Every Tuesday in Person

January 14 - May 6, 2025
6 - 8:00 p.m.

Location

#101 13583 - 81 Avenue
Surrey, BC V3W 3V8

For more information and to register:

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