

SURREY SURVIVAL GUIDE



A Guide to Free and Low Cost Goods and Services



**ADMINISTRATION OFFICE
CAROLE WAHL BUILDING**
9815 - 140 St., Surrey, B.C. V3T 4M4
T: 604-584-5811, F: 604-584-7628
Website: www.scss.ca

NEWTON OFFICE
#100 - 6846 King George Blvd., Surrey, B.C. V3W 4Z9
T: 604-596-4321, F: 604-572-7413
Website: www.options.bc.ca

PLEASE NOTE: Telephone numbers are subject
to change without notice.

Revised: August 2010

EMERGENCY SERVICES

AMBULANCE, FIRE, POLICE, INHALATOR	911
CLOVERDALE SHELTER	604-574-4341
DURRANT HOUSE - Crisis Line	604-531-4430
EVERGREEN TRANSITION HOUSE	604-584-3301
HELP LINE FOR CHILDREN	604-310-1234
BC MENTAL HEALTH INFORMATION LINE	604-669-7600
MINISTRY OF EMPLOYMENT & INCOME ASSISTANCE Emergency Services (after hours)	604-660-3194
PARENTS SUPPORT SERVICES	604-669-1616
POISON CENTRE (24 Hrs per day / 7 Days per week)	604-682-5050
SURREY CRISIS LINE	604-951-8855
VANCOUVER RAPE RELIEF & SHELTER	604-872-8212
HYLAND HOUSE SHELTER (Men & Women)	604-599-8900
VIRGINIA SAM TRANSITION HOUSE	604-572-5116
YOUTH AGAINST VIOLENCE	604-775-4264

HEALTH SERVICES

HEALTHLINK BC	811
MAXXINE WRIGHT COMMUNITY HEALTH CENTRE (Women & Children)	604-587-3835
SURREY NORTH COMMUNITY HEALTH CENTRE (Doctor: 1-5 pm, Nurse: 1-6pm) 10693 - 135A St., Surrey	604-583-5666
HEALTHIEST BABIES POSSIBLE 10256 - 154 St., Surrey	604-583-1017
HEALTH & SENIORS INFORMATION LINE	1-800-465-4911

HOSPITALS

LANGLEY MEMORIAL HOSPITAL 22021 Fraser Highway	604-534-4121
PEACE ARCH DISTRICT HOSPITAL 15521 Russell Ave, White Rock	604-531-5512
SURREY MEMORIAL HOSPITAL 13750 - 96th Ave, Surrey	604-581-2211

HEALTH UNITS - FRASER HEALTH AUTHORITY

CLOVERDALE	604-575-5100
DELTA	604-507-5400
GUILDFORD	604-587-4750
NEWTON	604-592-2000
NORTH SURREY	604-587-7900
SOUTH SURREY / WHITE ROCK	604-542-4000

MENTAL HEALTH SERVICES

- ADOLESCENT CRISIS RESPONSE PROGRAM 604-585-5561
- AFTER HOURS MENTAL HEALTH SERVICES 1-877-384-8062
- CHILD & YOUTH
MENTAL HEALTH 604-951-5844 / 604-586-2685
- DELTA MENTAL HEALTH & ADDICTIONS 604-948-7010
- LANGLEY MENTAL HEALTH CENTRE 604-514-7940
- MENTAL HEALTH & EDUCATION
White Rock/South Surrey Branch 604-536-2486
- SURREY CENTRAL / NORTH MENTAL HEALTH
& ADDICTIONS CENTRE
Gateway Station Tower, 11th Floor
13410 - 108th Ave., Surrey 604-953-4900
- WHITE ROCK/SOUTH SURREY
MENTAL HEALTH CENTRE
15521 Russell Ave.,
Russell Unit, Peace Arch Hospital, White Rock 604-541-6844

LOW COST DENTAL SERVICES

- B.C. HEALTHY KIDS PROGRAM 1-866-866-0800 #4
- COLLEGE OF DENTAL SURGEONS
Information Line 604-736-3621
- DENTAL OUTPATIENT CLINIC
Vancouver General Hospital
805 W. 12th Ave., Vancouver 604-875-4006
- DENTURE CLINIC
Academy of Dentistry
Burnaby 604-434-2611
- DOUGLAS COLLEGE ASSISTING PROGRAM
New Westminster 604-527-5094
- REACH DENTAL CLINIC
1145 Commercial Drive, Vancouver 604-254-1331
- UBC DENTAL CLINIC 604-822-2112

OTHER HEALTH SERVICES

- STI/Aids Testing & Counselling Clinic 604-587-7900
N. Surrey Public Health
220 - 10362 King George Blvd.
- SOUTH FRASER PREGNANCY OPTIONS CENTRE
#13634 - 104 Ave., Surrey 604-584-4490
- HEALTH INSURANCE B.C.
Medical Service Plan / Pharmacare 604-683-7151
- SURREY ASSOCIATION FOR COMMUNITY LIVING
17687 - 56A Ave, Surrey 604-574-7481
- THE NEEDLE EXCHANGE
10697 - 135A St., Surrey 604-584-5845
- SMH YOUTH CLINIC 604-585-5999
13750 - 96 Ave., Surrey
- 1-800 SEX SENSE LINE 604-7317803

CLOTHING, FURNITURE, HOUSEHOLD GOODS

CHEAP CLOTHING, FURNITURE, HOUSEHOLD GOODS

- SUPERFLUITY THRIFT SHOP
15163 Prospect Ave., White Rock 604-536-7744
- MCC THRIFT STORE
10653 King George Blvd., Surrey 604-583-0465
- OAK AVENUE MISSION - THE CLOTHES CLOSET
(Tues. 10am - 2pm, Wed. 9:30am - 12:30pm, Thurs. 2 - 4pm)
OAK AVENUE UNITED CHURCH
12740 - 102 Ave., Surrey
- SALVATION ARMY THRIFT SHOPS
7091 King George Blvd., Surrey 604-590-1438
5652 - 176 St., Surrey 604-576-6217
13853 - 104 Ave., Surrey 604-581-9833
1335 Johnston Road, White Rock 604-531-6494
- SISTERS MARKETPLACE NIGHTSHIFT
10635 King George Blvd., Surrey 604-953-1155
- SOUTH FRASER WOMEN'S SERVICES SOCIETY
(Clothing Exchange, women & children) 604-536-9611
- PENNY SAVER'S THRIFT SHOP
11961 - 82 Ave., Delta 604-501-2111
- VALUE VILLAGE
10642 King George Blvd., Surrey 604-588-5225
6925 King George Blvd., Surrey

COUNSELLING, SUPPORT, INFORMATION

GENERAL INFORMATION

- HEALTHLINK BC 811
- HIV/AIDS SUPPORT NETWORK 604-588-9004
- PRIDE LINE 604-684-6869
- MULTICULTURAL SERVICES
(Settlement Services in: Chinese, Korean, Spanish,
Vietnamese, Somali,) 604-572-4060 / 604-596-4357
- SEXUAL ABUSE COUNSELLING CENTRE 604-584-5811
- SURREY HOSPICE SOCIETY 604-583-7006
- SURREY WOMEN'S CENTRE 604-583-1295
- CREDIT COUNSELLING 1-888-527-8999
- S. FRASER WOMEN'S SERVICES SOCIETY 604-536-9611

ADVOCACY

- CHILD, YOUTH OFFICER OF B.C 1-800-476-3933
- MENTAL HEALTH CONSUMER ADVOCACY 604-596-1880
- OMBUDSMAN OF B.C. 1-800-567-3247
- NEWTON ADVOCACY GROUP SOCIETY 604-596-2311
- S. FRASER WOMEN'S SERVICES SOCIETY 604-536-9611

ALCOHOL / DRUG PROGRAMS

ALCOHOL & DRUG INFO AND REFERRAL	604-660-9382
ALCOHOLICS ANONYMOUS (A.A. - 24 HR)	604-434-3933
AL-ANON / AL-ATEEN	604-688-1716
ASTRA PROGRAM (Teens)	604-592-6200
COCAINE ANONYMOUS (CA)	Pager 604-662-8500
EASY DOES IT RECOVERY CLUB	604-597-9912
NARCOTICS ANONYMOUS (NA - 24HR)	604-873-1018
SURREY MENTAL HEALTH & ADDICTIONS	604-953-4900

FAMILY SERVICES

CRESCENT BEACH COMMUNITY SERVICES 2916 McBride Aven., White Rock	604-535-0015
DELTASSIST FAMILY COMMUNITY SERVICES 9097 - 120 St., Delta.	604-594-3455
LANGLEY COMMUNITY SERVICES SOCIETY 5339 - 207th St., Langley	604-534-7921
OPTIONS COMMUNITY SERVICES SOCIETY ADMIN: 9815 - 140 St., Surrey	604-584-5811
NEWTON OFFICE: #100 - 6846 King George Blvd., Surrey	604-596-4321
SOURCES 882 Maple St., White Rock	604-531-6226
SALVATION ARMY COMMUNITY SERVICES 13570 - 78 Ave., Surrey	604-507-4840
DIVERSEcity COMMUNITY RESOURCES SOCIETY #1107, 7330 - 137 St. Surrey	604-597-0205
SOUTH FRASER COMMUNITY SERVICES 10667 - 135A St., Surrey	604-589-8678
PACIFIC COMMUNITY RESOURCE SOCIETY	604-951-4821

FIRST NATIONS SERVICES

CWENEGITAL ABORIGINAL SOCIETY 13321 - 108 Ave., Surrey	604-588-5561
KLA-HOW-EYA ABORIGINAL CENTRE OF SACS 13629 - 108 Ave., Surrey	604-584-2008
METIS FAMILY SERVICES 13639 - 108th Ave., Surrey	604-584-6621
NATIVE COUNSELLING ASSOCIATION OF B.C.	604-588-8430

FOOD SERVICES

DJAEF MAHIER GROCERY (high protein food bank for residents in South Fraser area that are HIV+) 10697 - 135A St.	604-588-9004
FOOD BANK (White Rock / South Surrey)	604-531-8168
MEALS ON WHEELS	604-588-MEAL(6325)
SOUTH FRASER WOMEN'S SERVICES SOCIETY (Women & Children) Lunch Mon-Fri, 12-1:30	604-536-9611
SURREY FOOD BANK - Mon., Tues, Thurs, Fri (9am-1pm) 10732 - 135 St., Surrey	604-581-5443

FREE MEALS

- CLOVERDALE CHRISTIAN FELLOWSHIP
Community Soup Kitchen
Soup Monday 6-7:30pm, Pasta Tuesday 8:30-9:30pm,
Hot Dog Thursday 11am-1pm, Saturday 7:30-8:30pm
175 Street and 57 Avenue in Surrey 604-574-1725
- GRACEPOINT COMMUNITY CHURCH (Sunday, 5:00pm)
3487 King George Hwy. 604-538-1825
- GURU NANAK SIKH TEMPLE (Every day, 8am - 8pm)
7050 - 120 St., Surrey 604-594-8117
- HOLY TRINITY CATHEDRAL (Thur. 8am-9am Breakfast)
514 Carnarvan St., New Westminster 604-521-2511
- KING'S BANQUET SOUP KITCHEN (Tues. 4pm - 6pm)
15262 Pacific Ave., White Rock 604-538-2533
- NIGHTSHIFT STREET MINISTRIES SOCIETY
(nightly 7-8:30 pm; call for meal serving location)
10635 King George Blvd., Surrey 604-953-1155
nightshiftministires.org Fax 604-953-1415
- QUEENS AVE. UNITED CHURCH (Wed. 11:30am-1pm Lunch)
Queens Ave. and Sixth St., New Westminster 604-522-1606
- UNION GOSPEL MISSION (Breakfast 8am, Soup 10:30, Meal 12:30)
668 Clarkson St., New Westminster 604-525-8989

HOUSING SERVICES

GENERAL

- B.C. HOUSING MANAGEMENT COMMISSION 604-525-3033
- COMMUNITY HOUSING SERVICES (Call for hours)
#100 - 6846 King George Blvd., Surrey .. 604-590-7368(RENT)
- KEKINOW NATIVE HOUSING SOCIETY
#1014, 7445 - 132 St., Surrey 604-591-5299
- SENIORS HOUSING INFORMATION 604-520-6621

EMERGENCY HOUSING

- AFTER HOURS EMERGENCY SERVICES 604-660-3194
- CLOVERDALE SHELTER 604-574-4341
- GATEWAY SHELTER 604-589-7777
- HYLAND HOUSE SHELTER (Men & Women) 604-599-8900

LANDLORD / TENANT PROBLEMS

- RESIDENTIAL TENANCY OFFICE
Burnaby 604-660-3456
- TENANT RIGHTS ACTION COALITION 604-255-0546

LEGAL SERVICES

- COMMUNITY LEGAL ASSISTANCE 604-685-3425
- LAW STUDENTS LEGAL ADVICE PROGRAM. 604-822-5791
- LAWYER REFERRAL SERVICE 604-687-3221
- LEGAL AID
* LEGAL SERVICES SOCIETY OF B.C. 604-585-6595
- MENTAL PATIENT ASSOCIATION - Court Services . 604-572-2405
- SURREY RCMP (non-emergency) 604-599-0502

COURT INFORMATION

NATIVE COURT WORKERS & COUNSELLING ASSOCIATION	604-588-8430
SURREY CROWN COUNSEL OFFICE	604-572-2360
SURREY FAMILY COURT	604-572-2200
SURREY FAMILY JUSTICE CENTRE	604-501-3100
SURREY PROVINCIAL COURT	604-572-2200
SURREY SMALL CLAIMS COURT	604-572-2200
SURREY SPECIALIZED VICTIMS' ASSISTANCE	604-583-1295
VICTIM LINK	
Victims Information Line	1-800-563-0808
VICTIMS SERVICES	
Delta	604-940-5019
Langley	604-532-3200
Surrey (R.C.M.P.)	604-599-7600

PROBATION OFFICES

DELTA/WEST FRASER	
8285 - 120 St.	604-501-3292
LANGLEY	
101 - 5755 Glover Rd.	604-532-3610
SURREY NORTH	
103, 10475 - 138 St.	604-586-4255
SURREY SOUTH/EAST	
100, 13545 - 64 Ave.	604-502-5330

FINANCIAL INFORMATION

HOUSING & SOCIAL DEVELOPMENT OFFICES

SURREY	(one number for all of Surrey)	604-586-5600
Fleetwood (V3X, V3W, V4C & V4E)		
101-16088 - 84 Ave., Surrey, B.C.	V3T 4G1	
Park Place (V3X, V4A, V4N & V4P)		
139, 13648 - 62 Ave., Surrey, B.C.	V3W 2P2	
Surrey North (V3T & V3V)		
100, 13650 - 102 Ave., Surrey, B.C.	V3T 1N6	
Whalley (V3R)		
101, 10095 - Whalley Ring Blvd., Surrey, B.C.	V3T 4G1	
LANGLEY		604-532-3666
5753 Glover Rd., Langley, B.C.	V3A 8H4	
RICHMOND		604-660-9284
100 - 4760 Minoru Blvd., Richmond, B.C.	V6X 2A0	
SERVICE CANADA		
7404 King George Hwy.		1-800-622-6232
		1-800-O-CANADA
EMPLOYMENT INSURANCE		
Information Line		1-800-206-7218

SOCIAL ACTIVITIES, DROP-IN & RECREATION

SOUTH FRASER WOMEN'S SERVICES SOCIETY

Laundry & shower (women) 604-536-9611

SURREY PARKS, RECREATION and CULTURE 604-501-5000

SURREY PUBLIC LIBRARY **FREE INTERNET**

Cloverdale 604-598-7320

Fleetwood 604-598-7340

Guildford 604-598-7360

Newton 604-598-7400

Ocean Park 604-502-6304

Port Kells 604-598-7440

Semiahmoo 604-592-6900

Strawberry Hill 604-501-5836

Whalley 604-598-7420

THE FRONT ROOM (call for hours)

10667 - 135A St., Surrey 604-589-7777

OTHER SERVICES

BUS INFORMATION

BC BUS PASS PROGRAM 1-866-866-0800

TRANSLINK INFORMATION 604-953-3333

GREYHOUND LINES OF CANADA LTD.

Passenger Fares & Schedule 604-482-8747

HandyDART 604-575-6600

FREQUENTLY CALLED TELEPHONE NUMBERS

NOTES:
