

Posted: April 9, 2024

## MENTAL HEALTH WORKER

Posting Requisition 2024-069 Program Assisted Living Program

(Blair House)

Job Type Regular, Part-time Location Surrey, BC

Hours of work 12 hours per week Closing Date April 30, 2024

(Sat & Sun, 8 am - 2 pm)

This position requires union membership. Compensation is in accordance with Grid 11 of the BCGEU Collective Agreement (\$27.54 - \$31.61)

Options Community Services is a non-profit registered charity providing social services primarily in Surrey, Delta, White Rock and Langley. We believe in helping people help themselves. We believe in collaborating with individuals, businesses, community groups and government to create focused, effective and responsive resources for the community.

The Housing and Mental health program provides residential care and rehabilitation to individuals with mental health challenges in a stable and supportive living environment. The programs provide a range of assisted living services, including mediation administration and support, and PSR programming. The program helps individuals develop and/or maintain their social and life skills, and work towards the highest level of independence possible.

The Mental Health Worker will be responsible for assisting mental health clients with various levels of medication administration, providing support and assistance with psychosocial activities & assistance with activities of daily living. Our Assisted Living Program will focus on providing Psychosocial Rehabilitation to clients with emphasis on promoting recovery, successful community integration and satisfactory quality of life.

#### **ACCOUNTABILITIES**

- Assists clients in the residence and in the community to encourage them to function more independently.
- Distribute and administer medications safely in accordance with medication policies and procedures.
- Fostering a team approach to ensure the client has access to the tools and resources to achieve their goals as outlined in their recovery care plan
- Monitors clients' well-being.
- Observes and records the physical and mental health status of clients and take necessary action.
- Respond to emergency incidents and call appropriate authorities (ex. 911)
- Advocates for and with the clients to encourage them to maintain their rights and dignity.
- Makes recommendations with regard to the development of the program and participates in program evaluations.
- Collaborates with team members and other professionals as needed.
- Liaises with other community services, programs and organizations
- Establish and maintain a positive working relationship with other staff, volunteers, and clients
- Maintain professional growth and keep up to date on trends related to the responsibilities of the position
- Facilitates and may engage in physical, recreational and educational activities with client.
- Able to recognize, analyze and strategize around potential emergency situations. Reports problems to supervisor and or proper authorities.
- Provides accurate reports and log notes on clients' progress. Reports on clients' progress made towards goals and objectives as required.

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- Reports and addresses health and safety issues/concerns as they arise
- Light housekeeping and cleaning duties.

#### **QUALIFICATIONS**

## Education, Training, and Experience:

- Bachelor's Degree in related field or a related combination of education and experience (Mental Health Worker/Residential Care Aide certificate/training)
- Current Level I First Aid certificate required
- FoodSafe Certificate required
- Medication Administration Certificate (asset)
- Unrestricted Class 5 Drivers License
- Access to a reliable vehicle for business use
- Lived experience relevant to the service setting is considered an asset.

### Skills and Abilities:

- Good organization, time, and general management skills.
- Ability to work independently and as part of a team.
- Firm understanding of harm reduction approach and its implementation in a community-based setting.
- Demonstrated ability in crisis de-escalation skills applied in a team setting.
- Demonstrated ability working with individuals living with substance misuse issues and or an untreated mental illness.
- Understanding of a trauma informed approach
- Knowledge of psychosocial rehabilitation practices
- Knowledge of program policy and procedures
- Knowledge and proficiency in relevant software
- Ability to work with clients living with mental illness.
- Ability to work effectively independently and in cooperation with others.
- Ability to communicate effectively, both verbally and in writing.
- Physical ability to carry out the duties of the position.
- Ability to observe and recognize changes in clients.
- Demonstrated ability to facilitate groups.

## SPECIAL REQUIREMENTS

• Successful candidates will be required to provide a current and satisfactory Criminal Reference Check / Vulnerable Sector search preceding their start date.

\*An eligibility list may be maintained for up to six months. Eligible applicants may be offered a casual position.

We are an equal opportunity employer committed to hiring a diverse workforce

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PLEASE APPLY TO: Tamara Schmidt, Program Manager, Maple House Assisted Living

Options Community Services Society

Email: tamara.schmidt@options.bc.ca

No Phone Calls Please.

Please include a cover letter clearly indicating the posting number [posting #2024-069] and outlining your qualifications and related experience for the position.