



What We Are Here For

We are here to listen...not to work miracles.

We are here to help people discover what they are feeling...not to make feelings go away.

We are here to help people identify their options...not to decide for them what they should do.

We are here to discuss steps with people...not to take the steps with them.

We are here to help people discover their own strength...not to rescue them and leave them still vulnerable.

We are here to help people discover they can help themselves...not to take responsibility for them.

We are here to help people learn to choose...not to make it unnecessary for them to make difficult choices.

We are here to provide support for changes.

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