







SURREY CLUBHOUSE - The Roost

AUGUST 2017



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Supported Work 9:30 - 3:00pm EMPLOYABILITY GROUP WORKSHOP: Interviewing/Cover Letter Training <i>By Appointment</i> Painting Class 1:30 - 3:00pm	2 Supported Work 9:30 - 3:00pm Resumé Development <i>By Appointment @ New Frontier</i> OTHER CLUBHOUSE PROGRAMS CLOSED	3 Janitorial Training 8:00 - 9:00 am Supported Work 9:30 - 3:00pm One on One Job Search <i>By Appointment.</i> Krafty Korner 1:30 - 3:00pm	4 Social Time 9:00 - 10:00am Tea Time with Weekly Menu Planning 1:00pm Games 1:00 - 3:00pm
7 CLOSED FOR BC DAY 	8 Supported Work 9:30 - 3:00pm EMPLOYABILITY GROUP WORKSHOP: Interviewing/Cover Letter Training <i>By Appointment</i> JOBS Painting Class 1:30 - 3:00pm	9 Supported Work 9:30 - 3:00pm Resumé Development <i>By Appointment @ New Frontier</i> WORK OTHER CLUBHOUSE PROGRAMS CLOSED	10 Janitorial Training 8:00 - 9:00 am Supported Work 9:30 - 3:00pm SKILLS One on One Job Search <i>By Appointment.</i> Krafty Korner 1:30 - 3:00pm	11 Social Time 9:00 - 10:00am Tea Time with Weekly Menu Planning 1:00pm Games 1:00 - 3:00pm 
14 Janitorial Training 8:00 - 9:00 am Grocery Shopping 9:00am The Frame Shop Training 10:00 - 11:30 am Customer Framing 1:30 - 3:00pm Supported Work (EPI) 1:00 - 3:00pm	15 Supported Work 9:30 - 3:00pm EMPLOYABILITY GROUP WORKSHOP: Networking/ hidden job market <i>By Appointment</i> Painting Class 1:30 - 3:00pm	16 Supported Work 9:30 - 3:00pm Resumé Development <i>By Appointment @ New Frontier</i> OTHER CLUBHOUSE PROGRAMS CLOSED INTER-CLUBHOUSE PICNIC @ Peace Arch Park 10:30 - 3:00 Cost: \$3.00 <i>Call NF to sign up for ride</i>	17 Janitorial Training 8:00 - 9:00 am Supported Work 9:30 - 3:00pm One on One Job Search <i>By Appointment.</i> Krafty Korner 1:30 - 3:00pm	18 Social Time 9:00 - 10:00am Tea Time with Weekly Menu Planning 1:15pm Games 1:00 - 3:00pm 
21 Janitorial Training 8:00 - 9:00 am Grocery Shopping 9:00am The Frame Shop Training 10:00 - 11:30 am Customer Framing 1:30 - 3:00pm Supported Work (EPI) 1:00 - 3:00pm	22 Supported Work 9:30 - 3:00pm EMPLOYABILITY GROUP WORKSHOP: Computer Basics and MS Word <i>By Appointment</i> Painting Class 1:30 - 3:00pm	23 Supported Work 9:30 - 3:00pm Resumé Development <i>By Appointment @ New Frontier</i> OTHER CLUBHOUSE PROGRAMS CLOSED HAWAIIAN DANCE @ Whale House 5:00 - 9:00pm <i>Call NF to sign up for ride.</i>	24 Janitorial Training 8:00 - 9:00 am Supported Work 9:30 - 3:00pm One on One Job Search <i>By Appointment.</i> Krafty Korner 1:30 - 3:00pm	25 Social Time 9:00 - 10:00am Tea Time with Weekly Menu Planning 1:00pm Games 1:00 - 3:00pm 
28 Janitorial Training 8:00 - 9:00 am Grocery Shopping 9:00am The Frame Shop Training 10:00 - 11:30 am Customer Framing 1:30 - 3:00pm Supported Work (EPI) 1:00 - 3:00pm WELLNESS IN-SERVICE with OT from FH @ New Frontier. 2:00 - 3:00pm	29 Supported Work 9:30 - 3:00pm EMPLOYABILITY GROUP WORKSHOP: Career Planning <i>By Appointment</i> Painting Class 1:30 - 3:00pm	30 Supported Work 9:30 - 3:00pm Resumé Development <i>By Appointment @ New Frontier</i> OTHER CLUBHOUSE PROGRAMS CLOSED	31 Janitorial Training 8:00 - 9:00 am Supported Work 9:30 - 3:00pm One on One Job Search <i>By Appointment.</i> Krafty Korner 1:30 - 3:00pm	PRACTICING SKILLS: <i>(Daily 10:00am - 3:00pm)</i> <ul style="list-style-type: none"> * Cooking * Cleaning * Communication * Skills * Social Skills * Building Relationships, etc.

WHAT WE OFFER

Basic Skills Development

Provides members with opportunities to participate in the daily operation of the clubhouse with home management & life skills such as: meal prep, house maintenance/clean-up, reception & delegation of clubhouse chores, budgeting & shopping skills.

Pre-Employment

Therapeutic Volunteer Placement
Supported Work Program
Volunteer Program

Employment Services

Employment Services is a specialized program for members of Surrey Clubhouse, and is designed to facilitate individuals who have experienced barriers to employment due to mental illness to gain and maintain competitive employment in the community.

Social/Leisure

Art
Crafts
Special Events

The Arts/Crafts Group meets twice a week to provide members with opportunities to learn new techniques or sharpen their creative skills, and to build self-confidence. Furthermore, it provides a very meaningful and valuable social networking platform for our members.

PRE-EMPLOYMENT

Therapeutic Volunteer Program

This program is designed for individuals living with mental health challenges, who want to begin a journey towards competitive employment. TVP supports members to find and maintain volunteer work. There are numerous volunteer opportunities throughout the community. Program runs for a period of 12 months. Participants can volunteer either a minimum of 5 or 10 hours a month, for which they will receive a \$50 or \$100 honorarium.

Supported Work Program

The Supported Work program, offered through the clubhouse, supports members to participate in casual work in a community setting. Work is contracted by the agency and is carried out by the participants of the program with on-site support from staff. Participants are paid a training wage (no less than minimum wage), using income from the work placement. Types of jobs include seasonal work, such as: landscaping & maintenance, Clean Streets program, moving crews, apartment cleaning; "The Frame Shop", and more. Participation in the Supported Work program helps individuals develop basic work skills, increase confidence, gain work experience and connect with the community. Most importantly, for many it's a step towards competitive employment. Janitorial Training is also offered at our clubhouse Mondays & Wednesdays 8:00-9:00am.

The Frame Shop

The Frame Shop is run as a social enterprise, providing training in basic picture framing skills, and custom framing service for the community. This program is offered on Mondays.

For more information about TVP and the Supported Work Program contact Will, or for The Frame shop contact Diane at 604.597.8610

"The best way out is always through."

- Robert Frost

Surrey Clubhouse – The Roost

AUGUST

13582 - 68 Avenue 604.597.8610

** Open Monday to Friday 9:00 am to 4:00 pm **



EMPLOYMENT SERVICES

Our Employment Services program provides an opportunity to develop a framework to assist in meeting the employment goals of members.

SERVICES PROVIDED

- Exploration, development, and implementation of employment goals, in collaboration with participants.
- Support for job search.
- One on one coaching.
- Interview practice.
- Resume & cover letter development.
- Advocacy: negotiating workplace accommodations.
- Ongoing support in the workplace, via telephone, or in the community in person.
- Individualized follow-along supports are provided to clients and employers on a time-unlimited basis.

** Vocational goals are based on clients' preferences and needs, rather than the job market.*

REMINDERS

PLEASE NOTE: DURING JULY & AUGUST, CLUBHOUSE MAY BE CLOSED ON SPECIFIC DAYS OR TIMES DUE TO STAFF SHORTAGES.

* Clubhouse CLOSED Mon, Aug. 7th for BC DAY.

HIGHLIGHTS

- * **INTER-CLUBHOUSE PICNIC: WED, AUG. 19th @ PEACE ARCH PARK, 10:30-3:00pm. COST: \$3.00.** Call 604.581.6177 to sign up for ride from New Frontier.
- * **HAWAIIAN DANCE: Wed, Aug 23rd, 5:00-9:00pm @ Whale House. CALL NEW FRONTIER FOR RIDE. Adm.: \$2.00. Food & Drinks: \$1.00 each.**
- * **WRAP WORKSHOP (WELLNESS RECOVERY ACTION PLAN): Wednesdays & Thursdays, 1:00-3:30pm, Aug 2 - 24th. These 8 sessions help each participant develop their own personal wellness tools for their recovery.** Call Ashley or Kathleen (New Frontier) to sign up for next sessions @ 604.581.6177.
- * **RECOVERY SUPPORT TRAINING:** Call G. (New Frontier) @ 604.581.6177 for info & sign up for next sessions in the fall, 2017.
- * **IN-SERVICE WELLNESS WORKSHOP: Mon, Aug. 28th, 2:00-3:00pm with FH Occupational Therapist @ New Frontier. Topic TBA.**