

# MAY 2017

## About YOUNG ADULTS Program

- ◇ Surrey Clubhouse YA Program offers a variety of social, educational, recreation and leisure activities for young adults (From ages 19-29, clubhouse members only)
- ◇ To promote and enhance quality of life
- ◇ To enhance or maintain physical abilities
- ◇ To provide opportunity for socialization
- ◇ Supports individuals in their recovery and promote independence
- ◇ To provide opportunity to learn new skills, adapt old skills, and enjoy new community experiences
- ◇ Mostly based in the community & outside regular clubhouse hours

### ADDRESS

9803 - 140 St., Surrey BC  
V3T 4M4







### CONTACT INFO

North Surrey Clubhouse:  
604.581.6177

# Surrey **YOUNG ADULTS** Clubhouse

New

Frontier

Monthly Calendar				
Mon	Tue	Wed	Thur	Fri
<p><i>Mother's Day</i></p> <p><b>SUNDAY</b> May 14<sup>th</sup></p>  <p><b>09</b> Mini Golf Time: 4:00pm</p>  <p><b>16</b> Bowling Time: 4:00pm</p>  <p><b>23</b> Batting Cage Time: 4:00pm</p>  <p><b>30</b> Movie Night Time: 3:30pm</p>				<p><b>05</b> Mental Health BBQ Time: 11:00-2:00pm</p> 
 <h2>REMINDERS</h2> <ul style="list-style-type: none"> <li>* Be advised that this is a tentative Schedule! Time, date and event may change on short notice.</li> <li>* See flyers &amp; calendars @ The Clubhouse for more info or contact Ashley and "G".</li> <li>* RSVP as seats are limited for Transportation or workshop related programming.</li> <li>* Clubhouse closed May 22<sup>nd</sup> due to statutory Holiday - Victoria Day.</li> <li>* Mental Health Week May 01 - 07<sup>th</sup>, 2017.</li> </ul>				
<p>"Recreation's purpose is not to kill time, but to make life; not to keep a person occupied, but to keep them refreshed; not to offer an escape from life, but to provide a discovery of life." ~ Author Unknown</p>				