



SURREY CLUBHOUSE - The Roost

OCTOBER, 2017



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Grocery Shopping 9:00am The Frame Shop Training 10:00 - 11:30 am Customer Framing 1:30 - 3:00pm Supported Work (EPI) 1:00 - 3:00pm	3 Janitorial Training 8:00 - 9:00 am Supported Work 9:30am - 3:00pm EMPLOYABILITY GROUP WORKSHOP: Computer Basics and MS Word <i>By Appointment</i> Painting Class 1:30 - 3:00pm	4 Supported Work 9:30 - 3:00pm OTHER CLUBHOUSE PROGRAMS CLOSED ANNUAL HELEN CONNOLLY MEMORIAL PICNIC @ Peace Arch Park 10:30am - 3:00pm FREE! <i>Call NF to sign up for ride.</i>	5 Janitorial Training 8:00 - 9:00 am Supported Work 9:30am - 3:00pm One-on-One Job Search <i>By Appointment.</i> Krafty Korner 1:30 - 3:00pm	6 Social Time 9:00- 10:00am Tea Time with Weekly Menu Planning 1:00pm  Games 1:00 - 3:00pm
9 CLOSED For THANKSGIVING DAY 	10 Janitorial Training 8:00 - 9:00 am Supported Work 9:30am - 3:00pm EMPLOYABILITY GROUP WORKSHOP: Interviewing/Cover Letter Training <i>By Appointment</i> Painting Class 1:30 - 3:00pm	11 Supported Work 9:30 - 3:00pm Resumé Development <i>By Appointment @ New Frontier</i> OTHER CLUBHOUSE PROGRAMS CLOSED THANKSGIVING DINNER @ New Frontier 5:00 - 7:00 pm Cost: FREE!	12 Janitorial Training 8:00 - 9:00 am  Supported Work 9:30am - 3:00pm One-on-One Job Search <i>By Appointment.</i> Krafty Korner 1:30 - 3:00pm	13 Social Time 9:00 - 10:00am Tea Time with Weekly Menu Planning 1:00pm  Games 1:00 - 3:00pm
16 Grocery Shopping 9:00am  No Picture Framing Today Supported Work (EPI) 1:00 - 3:00pm	17 Janitorial Training 8:00 - 9:00 am Supported Work 9:30am - 3:00pm EMPLOYABILITY GROUP WORKSHOP: Networking/Hidden Job Market <i>By Appointment</i> Painting Class 1:30 - 3:00pm 	18 Supported Work 9:30 - 3:00pm  Resumé Development <i>By Appointment @ New Frontier</i> OTHER CLUBHOUSE PROGRAMS CLOSED	19 Staff Meeting 8:30 - 10:00am. CLUBHOUSE OPEN @ 10:30am. Janitorial Training 8:00 - 9:00 am Supported Work 9:30am - 3:00pm One-on-One Job Search <i>By Appointment.</i> Krafty Korner 1:30 - 3:00pm	20 Social Time 9:00 - 10:00am Tea Time with Weekly Menu Planning 1:15pm  Games 1:00 - 3:00pm
23 Grocery Shopping 9:00am The Frame Shop Training 10:00 - 11:30 am Customer Framing 1:30 - 3:00pm Supported Work (EPI) 1:00-3:00pm	24 Janitorial Training 8:00 - 9:00 am Supported Work 9:30am - 3:00pm EMPLOYABILITY GROUP WORKSHOP: Computer Basics and MS Word <i>By Appointment</i> Painting Class 1:30 - 3:00pm	25 Supported Work 9:30 - 3:00pm Resumé Development <i>By Appointment @ New Frontier</i> OTHER CLUBHOUSE PROGRAMS CLOSED HALLOWEEN COSTUME PARTY & DANCE @ New Frontier 4:00 - 7:00pm \$3.00	26 Janitorial Training 8:00 - 9:00 am Supported Work 9:30am - 3:00pm One on One Job Search <i>By Appointment.</i> Krafty Korner 1:30 - 3:00pm	27 Social Time 9:00 - 10:00am Tea Time with Weekly Menu Planning 1:00pm  Games 1:00 - 3:00pm
30 Grocery Shopping 9:00am The Frame Shop Training 10:00 - 11:30 am Customer Framing 1:30 - 3:00pm Supported Work (EPI) 1:00 - 3:00pm IN-SERVICE DISCUSSION GROUP @ NFwith OT 2-3	31 Janitorial Training 8:00 - 9:00 am Supported Work 9:30am - 3:00pm EMPLOYABILITY GROUP WORKSHOP: Career Planning <i>By Appointment</i> Painting Class 1:30 - 3:00pm			PRACTICING SKILLS: <i>(Daily 10:00am - 3:00pm)</i> <ul style="list-style-type: none"> * Cooking * Cleaning * Communication Skills * Social Skills, * Building Relationships, etc.

WHAT WE OFFER

Basic Skills Development

Provides members with opportunities to participate in the daily operation of the clubhouse with home management & life skills such as: meal prep, house maintenance/clean-up, reception & delegation of clubhouse chores, budgeting & shopping skills.

Pre-Employment

Therapeutic Volunteer Placement
Supported Work Program
Volunteer Program

Employment Services

Employment Services is a specialized program for members of Surrey Clubhouse, and is designed to facilitate individuals who have experienced barriers to employment due to mental illness to gain and maintain competitive employment in the community.

Social/Leisure

Art
Crafts
Special Events

The Arts/Crafts Group meets twice a week to provide members with opportunities to learn new techniques or sharpen their creative skills, and to build self-confidence. Furthermore, it provides a very meaningful and valuable social networking platform for our members.

PRE-EMPLOYMENT

Therapeutic Volunteer Program

This program is designed for individuals living with mental health challenges, who want to begin a journey towards competitive employment. TVP supports members to find and maintain volunteer work. There are numerous volunteer opportunities throughout the community. Program runs for a period of 12 months. Participants can volunteer either a minimum of 5 or 10 hours a month, for which they will receive a \$50 or \$100 honorarium.

Supported Work Program

The Supported Work program, offered through the clubhouse, supports members to participate in casual work in a community setting. Work is contracted by the agency and is carried out by the participants of the program with on-site support from staff. Participants are paid a training wage (no less than minimum wage), using income from the work placement. Types of jobs include seasonal work, such as: landscaping & maintenance, Clean Streets program, moving crews, apartment cleaning; "The Frame Shop", and more. Participation in the Supported Work program helps individuals develop basic work skills, increase confidence, gain work experience and connect with the community. Most importantly, for many it's a step towards competitive employment. Janitorial Training is also offered at our clubhouse Mondays & Wednesdays 8:00-9:00am.

The Frame Shop

The Frame Shop is run as a social enterprise, providing training in basic picture framing skills, and custom framing service for the community. This program is offered on Mondays.

For more information about TVP and the Supported Work Program contact Will, or for The Frame shop contact Diane at 604.597.8610

"Obstacles are those frightful things you see when you take your eyes off your goal."

- Henry Ford

Surrey Clubhouse - The Roost

OCTOBER

13582 - 68 Avenue 604.597.8610

** Open Monday to Friday 9:00 am to 4:00 pm **



EMPLOYMENT SERVICES

Our Employment Services program provides an opportunity to develop a framework to assist in meeting the employment goals of members.

SERVICES PROVIDED

- Exploration, development, and implementation of employment goals, in collaboration with participants.
- Support for job search.
- One on one coaching.
- Interview practice.
- Resume & cover letter development.
- Advocacy: negotiating workplace accommodations.
- Ongoing support in the workplace, via telephone, or in the community in person.
- Individualized follow-along supports are provided to clients and employers on a time-unlimited basis.

** Vocational goals are based on clients' preferences and needs, rather than the job market.*

REMINDERS

- * CLUBHOUSE CLOSED Mon, Oct 9th for THANKSGIVING DAY.
- * STAFF MEETING Thurs, Oct 19th 8:30-10:00am. CLUBHOUSE OPEN @ 10:30am.

HIGHLIGHTS

- * HELEN CONNOLLY PICNIC: WED, OCT 4th @ PEACE ARCH PARK, 10:30-3:00pm. COST: FREE! Call 604.581.6177 to sign up for a ride from New Frontier.
- * THANKSGIVING DINNER: WED, OCT 11th @ 5:00-7:00pm @ NEW FRONTIER. COST: FREE! Call NF to sign up: 604.581.6177.
- * WRAP WORKSHOP (WELLNESS RECOVERY ACTION PLAN): Call Kathleen (New Frontier) to sign up for next sessions @ 604.581.6177.
- * RECOVERY SUPPORT TRAINING: New sessions beginning Oct. 4th until Nov. 2nd @ New Frontier, Wednesdays & Thursdays 12:30-3:30pm. Call G. @ 604.581.6177 for info & to sign up. This is a closed group with 10 sessions.
- * IN-SERVICE DISCUSSION GROUP: Mon, Oct. 30th with Fraser Health OT @ New Frontier, 2:00-3:00pm.
- * HALLOWEEN COSTUME PARY & DANCE: Wed, Oct. 25th @ New Frontier, 4:00-7:00-pm. Cost: \$3.00

