



SURREY CLUBHOUSE - The Roost

MARCH, 2018



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>PRACTICING SKILLS: (Daily 10:00am - 3:00pm)</p> <ul style="list-style-type: none"> * Cooking * Cleaning * Communication Skills * Social Skills, Building Relationships, etc. 	<p>Happy St. Patrick's Day!</p>	<p>Everyone's Irish On March 17th.</p>	<p>1 Janitorial Training 8:00 - 9:00 am</p> <p>Supported Work 9:30am - 3:00pm</p> <p>One on One Job Search <i>By Appointment.</i></p>	<p>2 Social Time 9:00- 10:00am</p> <p>Tea Time with Weekly Menu Planning 1:00pm</p> <p>Games 1:00 - 3:00pm</p>
<p>5 Grocery Shopping 9:00am</p> <p>The Frame Shop Training 10:00 - 11:30 am</p> <p>Customer Framing 1:30 - 3:00pm</p> <p>Supported Work (EPI) 1:00 - 3:00pm</p>	<p>6 Janitorial Training 8:00 - 9:00 am</p> <p>Supported Work 9:30am - 3:00pm</p> <p>EMPLOYABILITY GROUP WORKSHOP: Interviewing/Cover Letter Training <i>By Appointment</i></p> <p>Painting Class 1:30 - 3:00pm</p>	<p>7 Supported Work 9:30 - 3:00pm</p> <p>Resumé Development <i>By Appointment @ New Frontier</i></p> <p>OTHER CLUBHOUSE PROGRAMS CLOSED</p>	<p>8 STAFF MEETING Clubhouse OPEN @ 10:30am Today</p> <p>Supported Work 9:30am - 3:00pm</p> <p>One on One Job Search <i>By Appointment.</i></p>	<p>9 Social Time 9:00- 10:00am</p> <p>Tea Time with Weekly Menu Planning 1:15pm</p> <p>Games 1:00 - 3:00pm</p>
<p>12 Grocery Shopping 9:00am</p> <p>The Frame Shop Training 10:00 - 11:30 am</p> <p>Customer Framing 1:30 - 3:00pm</p> <p>Supported Work (EPI) 1:00 - 3:00pm</p>	<p>13 Janitorial Training 8:00 - 9:00 am</p> <p>Supported Work 9:30am - 3:00pm</p> <p>EMPLOYABILITY GROUP WORKSHOP: Networking/Hidden Job Market <i>By Appointment</i></p> <p>Painting Class 1:30 - 3:00pm</p>	<p>14 Supported Work 9:30 - 3:00pm</p> <p>Resumé Development <i>By Appointment @ New Frontier</i></p> <p>OTHER CLUBHOUSE PROGRAMS CLOSED</p>	<p>15 Janitorial Training 8:00 - 9:00 am</p> <p>Supported Work 9:30am - 3:00pm</p> <p>One on One Job Search <i>By Appointment.</i></p>	<p>16 Social Time 9:00- 10:00am</p> <p>Tea Time with Weekly Menu Planning 1:15pm</p> <p>Games 1:00 - 3:00pm Happy St. Patrick's Day on Sat., March 17th!</p>
<p>19 Grocery Shopping 9:00am</p> <p>The Frame Shop Training 10:00 - 11:30 am</p> <p>Customer Framing 1:30 - 3:00pm</p> <p>Supported Work (EPI) 1:00-3:00pm</p>	<p>20 Janitorial Training 8:00 - 9:00 am</p> <p>Supported Work 9:30am - 3:00pm</p> <p>EMPLOYABILITY GROUP WORKSHOP: Computer Basics and MS Word <i>By Appointment</i></p> <p>Painting Class 1:30 - 3:00pm</p>	<p>21 Supported Work 9:30 - 3:00pm</p> <p>Resumé Development <i>By Appointment @ New Frontier</i></p> <p>OTHER CLUBHOUSE PROGRAMS CLOSED</p>	<p>22 Janitorial Training 8:00 - 9:00 am</p> <p>Supported Work 9:30am - 3:00pm</p> <p>One on One Job Search <i>By Appointment.</i></p>	<p>23 Social Time 9:00- 10:00am</p> <p>Tea Time with Weekly Menu Planning 1:00pm</p> <p>Games 1:00 - 3:00pm</p>
<p>26 Grocery Shopping 9:00am</p> <p>The Frame Shop Training 10:00 - 11:30 am</p> <p>Customer Framing 1:30 - 3:00pm</p> <p>Supported Work (EPI) 1:00-3:00pm</p>	<p>27 Janitorial Training 8:00 - 9:00 am</p> <p>Supported Work 9:30am - 3:00pm</p> <p>EMPLOYABILITY GROUP WORKSHOP: Interviewing/Cover Letter Training <i>By Appointment</i></p> <p>Painting Class 1:30 - 3:00pm</p>	<p>28 Supported Work 9:30 - 3:00pm</p> <p>Resumé Development <i>By Appointment @ New Frontier</i></p> <p>OTHER CLUBHOUSE PROGRAMS CLOSED</p>	<p>29 Janitorial Training 8:00 - 9:00 am</p> <p>Supported Work 9:30am - 3:00pm</p> <p>One on One Job Search <i>By Appointment.</i></p>	<p style="text-align: center;">CLOSED for GOOD FRIDAY</p>

WHAT WE OFFER

Basic Skills Development

Provides members with opportunities to participate in the daily operation of the clubhouse with home management & life skills such as: meal prep, house maintenance/clean-up, reception & delegation of clubhouse chores, budgeting & shopping skills.

Pre-Employment

Therapeutic Volunteer Placement
Supported Work Program

Employment Services

Employment Services is a specialized program for members of Surrey Clubhouse, and is designed to facilitate individuals who have experienced barriers to employment due to mental illness to gain and maintain competitive employment in the community.

Social/Leisure Art/Painting Class

The Art/Painting Class meets once a week to provide members with opportunities to learn new techniques or sharpen their creative skills, and to build self-confidence. Furthermore, it provides a very meaningful and valuable social networking platform for our members.

PRE-EMPLOYMENT

Therapeutic Volunteer Program

This program is designed for individuals living with mental health challenges, who want to begin a journey towards competitive employment. TVP supports members to find and maintain volunteer work. There are numerous volunteer opportunities throughout the community. Program runs for a period of 12 months. Participants can volunteer either a minimum of 5 or 10 hours a month, for which they will receive a \$50 or \$100 honorarium.

Supported Work Program

The Supported Work program, offered through the clubhouse, supports members to participate in casual work in a community setting. Work is contracted by the agency and is carried out by the participants of the program with on-site support from staff. Participants are paid a training wage (no less than minimum wage), using income from the work placement. Types of jobs include seasonal work, such as: landscaping & maintenance, Clean Streets program, moving crews, apartment cleaning; "The Frame Shop", and more. Participation in the Supported Work program helps individuals develop basic work skills, increase confidence, gain work experience and connect with the community. Most importantly, for many it's a step towards competitive employment. Janitorial Training is also offered at our clubhouse Mondays & Wednesdays 8:00-9:00am.

The Frame Shop

The Frame Shop is run as a social enterprise, providing training in basic picture framing skills, and custom framing service for the community. This program is offered on Mondays.

For more information about TVP and the Supported Work Program contact Will, or for The Frame shop contact Diane at 604.597.8610

"Your present circumstances don't determine where you can go; they merely determine where you can start."

~ Nido Qubein

Surrey Clubhouse - The Roost



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13582 - 68 Avenue 604.597.8610

* Open Monday to Friday: 9:00 am to 4:00 pm *
(Closed Wednesdays – except for Supported Work Program)

EMPLOYMENT SERVICES

Our Employment Services program provides an opportunity to develop a framework to assist in meeting the employment goals of members.

SERVICES PROVIDED

- Exploration, development, and implementation of employment goals, in collaboration with participants.
- Support for job search.
- One on one coaching.
- Interview practice.
- Resume & cover letter development.
- Advocacy: negotiating workplace accommodations.
- Ongoing support in the workplace, via telephone, or in the community in person.
- Individualized follow-along supports are provided to clients and employers on a time-unlimited basis.

* Vocational goals are based on clients' preferences and needs, rather than the job market.

REMINDERS



- * **DAYLIGHT SAVINGS TIME CHANGE:** Sunday, MARCH 11th - "SPRING AHEAD" 1 HOUR !
- * **STAFF MEETING:** Thurs, MARCH 8th. Clubhouse OPEN at 10:30am.
- * **CLOSED FRIDAY, MARCH 30th** for GOOD FRIDAY.
- * **CLOSED MONDAY, APRIL 2nd** for EASTER MONDAY.

HIGHLIGHTS

- * **WRAP WORKSHOP (WELLNESS RECOVERY ACTION PLAN):** Call Kathleen @ 604.581.6177 (New Frontier) for further information and to sign up for next sessions.
- * **RECOVERY SUPPORT TRAINING:** Call G. @ 604.581.6177 (New Frontier) for info & to sign up for next sessions. This is a closed group with 10 sessions.

