

Sun Mon Tue Wed Thu Fri Sat



<p>01. Hot Lunch Where: Sources Women's Place Time: 12:00-1:30pm</p> <p>Men's & Woman's Sharing Circle (Info at back page)</p>	<p>02. SMART Recovery Meeting Where: Sources Community Resource Centre. #102, 3771 - 72A Ave., Surrey Time: 7:00pm</p> <p>Elders Circle Time: 1:00-3:00pm</p>	<p>03. Members Coffee Where: Central City Starbucks Time: 10:00-11:30am</p> <p>Free Family Swims Where: South Surrey Indoor Pool Time: 1:00-4:00pm</p>				
<p>04. Members Coffee Where: Central City Starbucks Time: 10:00-11:30am</p> <p>Surrey/Langley Skeptics Meet-Up 11:00-1:00pm Edith & Arthur Public House Contact: 778.846.0362</p>	<p>05. Free Lunch Where: Surrey Urban Mission Time: 11:30am-1:00pm</p>	<p>06. Cheap Movies Where: Theatres around Town When: All Day</p>	<p>07. Elders Circle Time: 1:00-3:00pm</p> <p>Community Free Meal Where: Sources Women's PL Time: 12:00-1:30pm</p>	<p>08. Hot Lunch Where: Sources Women's Place Time: 12:00-1:30pm</p> <p>Men's & Woman's Sharing Circle (Info at back page)</p>	<p>09. Family Fun Night Cloverdale Rec Centre Time: 5:30-7:30pm</p> <p>Elders Circle Time: 1:00-3:00pm</p>	<p>10. Members Coffee Where: Central City Starbucks Time: 10:00-11:30am</p>
<p>11. Members Coffee Where: Central City Starbucks Time: 10:00-11:30am</p> <p>Gracepoint Community Church:3487 King George Blvd Time: 5:00pm</p>	<p>12. Free Lunch Where: Surrey Urban Mission Time: 11:30am-1:00pm</p>	<p>13. Cheap Movies Where: Theatres around Town When: All Day</p>	<p>14. Elders Circle Time: 1:00-3:00pm</p> <p>Community Free Meal Where: Sources Women's PL Time: 12:00-1:30pm</p>	<p>15. Free Lunch Where: Surrey Urban Mission Time: 11:30am-1:00pm</p> <p>Men's & Woman's Sharing Circle (Info at back page)</p>	<p>16. SMART Recovery Meeting Where: Sources Community Resource Centre. #102, 3771 - 72A Ave., Surrey Time: 7:00pm</p> <p>Elders Circle Time: 1:00-3:00pm</p>	<p>17. Members Coffee Where: Central City Starbucks Time: 10:00-11:30am</p> <p>Birding Walks Surrey Nature Centre Time: 9:00-11:00am</p>
<p>18. Members Coffee Where: Central City Starbucks Time: 10:00-11:30am</p> <p>Free Family Swims Where: Surrey Sports Leisure Time: 3:00-5:00pm</p>	<p>19. Mood Disorders Group Where: Surrey Clubhouse The Roost 13582 68th Ave Time: 6:00-8:00pm</p>	<p>20. Cheap Movies Where: Theatres around Town When: All Day</p>	<p>21. Elders Circle Time: 1:00-3:00pm</p> <p>Community Free Meal Where: Sources Women's PL Time: 12:00-1:30pm</p>	<p>22. Community Dinner Where: First United Church White Rock Time: 4:30pm</p> <p>Men's & Woman's Sharing Circle (Info at back page)</p>	<p>23. Free Counselling To Low Income Families (By Appointment) Where: Options 9815 - 140 St., Time: 10:00-5:00pm</p> <p>Elders Circle Time: 1:00-3:00pm</p>	<p>24. Members Coffee Where: Central City Starbucks Time: 10:00-11:30am.</p> <p>Easter Skate South Surrey Arena Time: 1:00-3:00pm</p>
<p>25. Members Coffee Where: Central City Starbucks Time: 10:00-11:30am</p>	<p>26. Free Lunch Where: Surrey Urban Mission Time: 11:30am-1:00pm</p>	<p>27. Cheap Movies Where: Theatres around Town When: All Day</p> <p>Movie Afternoon: Easter Parade Newton Seniors Centre Time: 1:00-3:30pm</p>	<p>28. Elders Circle Time: 1:00-3:00pm</p> <p>Community Free Meal Where: Sources Women's PL Time: 12:00-1:30pm</p>	<p>29. Community Dinner Where: First United Church White Rock Time: 4:30pm</p> <p>Men's & Woman's Sharing Circle (Info at back page)</p>	<p>30. Free Counselling To Low Income Families (By Appointment) Where: Options 9815 - 140 St., Time: 10:00-5:00pm</p> <p>Elders Circle Time: 1:00-3:00pm</p>	<p>31. Members Coffee Where: Central City Starbucks Time: 10:00-11:30am.</p> <p>Free Family Swims 10275 City Pkwy Time: 2-5pm</p>

LEISURE & FUN ACTIVITIES IN YOUR COMMUNITY

DROP IN PROGRAMS

FREE FAMILY SWIMS held at different pools on different days:

- **NORTH SURREY INDOOR POOL:** 10275 City Pkwy. Last Saturday of each month from 2-5pm
- **SURREY SPORTS & LEISURE POOL:** 16555 Fraser Hwy. #100, 3rd Sunday of each month from 3-5pm
- **SOUTH SURREY INDOOR POOL:** 14655 - 17 Ave, 1st Saturday of each month, 1-4pm.

Members Coffee @ Central City: 10153 King George Blvd. Meet at Starbucks near the food court. 10-11:30am on Sat and Sun. Enjoy the company of peers while sipping your own tea or coffee. Price is just the cost of your beverage.

Weekly Painting Group @ South Surrey Recreation & Art Centre: 14601 - 20 Ave, meets every Thursday from 6-9pm. Everyone does their own thing, no lessons, just fun, friendship and helpful hints. \$10 per month. For more details contact Anne Wiese: aewiese@hotmail.com; or 604.536.8160.

GENERAL ACTIVITIES

- **Tuesday Cheap Movie Nights:** Any movie theatres in the lower mainland. Discounted price of \$6-7 in most theatres. Cheapest tickets in Surrey at Hollywood 3.
- **Surrey Urban Farmers Market:** Come by with the family for a snack at our food trucks, or drop by for some groceries after work! City Hall Plaza • 13450 - 104 Ave (June-October)
- **Cloverdale Market:** Located at the Cloverdale Fairgrounds off of 176th St. (Hwy 15) & 62nd Ave. Contact: 604.837.1676
- **Free Counselling To Low Income Families:** Moving Forward Family Services in Newton (by appointment, not a drop-in) 778.321.3054



ADULTS & SENIORS

- **Men's & Women's Sharing Circle @ Fraser Region Aboriginal Friendship Centre:** 6878 King George Blvd. You are encouraged to talk about what you believe is important. Using the Seven Sacred Teachings, we will find and share solutions, ideas about life's challenges and accomplishments. Women's Circle @ Fraser Region Aboriginal Friendship Centre, Thursdays 2-4pm; Men's Circle Fridays 2-4pm.
- **Circle for Elders @ Fraser Region Aboriginal Friendship Centre:** 6878 King George Boulevard held on Wednesdays and Fridays 1-3pm. An opportunity for elders to connect with one another, hold fundraisers, and gain access to different resources.
- **Free English Classes for New Immigrants** 9801 King George Blvd Suite #111 & #350 Surrey, BC 604.582.7479 **FREE***

COMMUNITY FREE MEALS

- **Gracepoint Community Church:** 3487 King George Blvd; Sundays 5:00pm
- **Pacific Community Church:** 5337 - 180 St; Mon 6:30pm
- **Sources Women's Place Resource Centre:** 15318 - 20 Ave, offers lunch, Tues-Fri, 12:00-1:30pm, for women and their children.
- **First United Church:** 15385 Semiahmoo Ave, White Rock (Dinner: 4:30pm)

For more information regarding events and recreation in Surrey, please visit:

<https://www.surrey.ca/3464.aspx>

<https://discoversurreybc.com/events-calendar/>

<https://www.surreyleader.com/calendar/#/?i=1>

MAR 2018
on-going events...

