

2018

**Surrey** **YOUNG** **ADULTS**

**New Frontier**

**About YOUNG ADULTS Program**






- ◇ Surrey Clubhouse YA Program offers a variety of social, educational, recreation and leisure activities for young adults ages 19-29. (Clubhouse members only)
- ◇ To promote and enhance quality of life.
- ◇ To enhance or maintain physical abilities.
- ◇ To provide opportunity for socialization.
- ◇ Supports individuals in their recovery and promote independence.
- ◇ To provide opportunity to learn new skills, adapt old skills, and enjoy new community experiences.
- ◇ Mostly based in the community & outside regular clubhouse hours.

**ADDRESS**

9803 - 140 St., Surrey BC  
 V3T 4M4

**CONTACT INFO**

North Surrey Clubhouse:  
 604.581.6177

<b>Monthly Calendar</b>				
<b>Mon</b>	<b>Tue</b>	<b>Wed</b>	<b>Thur</b>	<b>Fri</b>
	 <p><b>06</b> Swim &amp; Gym            Time: 4:00pm</p>			
	 <p><b>13</b> Bowling            Time: 4:00pm</p>	<p><b>14</b> New Frontier Valentines Dance            Time: 5:00pm</p> 		
	 <p><b>20</b> Ice Skating            Time: 5:00pm</p>			
	 <p><b>27</b> Movie Night            Time: 3:30pm</p>			



**REMINDERS**

- \* Be advised that this is a tentative Schedule! Time, date and event may change on a short notice.
- \* See flyers & calendars @ The Clubhouse for more info or contact "G" and Ashley.
- \* RSVP as seats are limited for Transportation or workshop related programming.
- \* Dinners are provided to some events, please call in advance to sign up. (Optional)
- \* Feb 12<sup>th</sup> - 2018 **FAMILY DAY—CLOSED**



*"Recreation's purpose is not to kill time, but to make life; not to keep a person occupied, but to keep them refreshed; not to offer an escape from life, but to provide a discovery of life."*

~ Author Unknown