

Sun

Mon

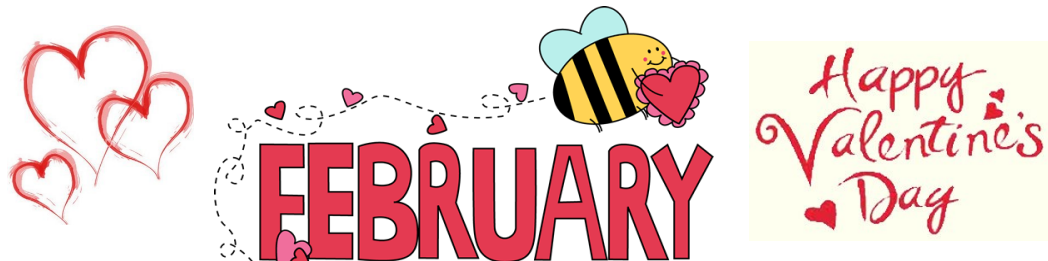
Tue

Wed

Thu

Fri

Sat



01. Hot Lunch
Where: Sources Women's Place
Time: 12:00-1:30pm
Men's & Woman's Sharing Circle (Info at back page)

02. SMART Recovery Meeting
Where: Sources Community Resource Centre.
#102, 3771 - 72A Ave., Surrey
Time: 7:00pm
Elders Circle
Time: 1:00-3:00pm

03. Members Coffee
Where: Central City Starbucks
Time: 10:00-11:30am
Free Family Swims
Where: South Surrey Indoor Pool
Time: 1:00-4:00pm

04. Members Coffee
Where: Central City Starbucks
Time: 10:00-11:30am
Surrey/Langley Skeptics Meet-Up 11:00-1:00pm
Edith & Arthur Public House
Contact: 778-846-0362

05. Free Lunch
Where: Surrey Urban Mission
Time: 11:30am-1:00pm

06. Cheap Movies
Where: Theatres around Town
When: All Day

07. Elders Circle
Time: 1:00-3:00pm
Community Free Meal
Where: Sources Women's PL
Time: 12:00-1:30pm

08. Hot Lunch
Where: Sources Women's Place
Time: 12:00-1:30pm
Men's & Woman's Sharing Circle (Info at back page)

09. Free Lunch
Where: Surrey Urban Mission
Time: 11:30am-1:00pm
Elders Circle
Time: 1:00-3:00pm

10. Members Coffee
Where: Central City Starbucks
Time: 10:00-11:30am

11. Members Coffee
Where: Central City Starbucks
Time: 10:00-11:30am

12. Free Lunch
Where: Surrey Urban Mission
Time: 11:30am-1:00pm

13. Cheap Movies
Where: Theatres around Town
When: All Day

14. Elders Circle
Time: 1:00-3:00pm

HAPPY VALENTINES

15. Free Lunch
Where: Surrey Urban Mission
Time: 11:30am-1:00pm
Men's & Woman's Sharing Circle (Info at back page)

16. SMART Recovery Meeting
Where: Sources Community Resource Centre.
#102, 3771 - 72A Ave., Surrey
Time: 7:00pm
Elders Circle
Time: 1:00-3:00pm

17. Members Coffee
Where: Central City Starbucks
Time: 10:00-11:30am

18. Members Coffee
Where: Central City Starbucks
Time: 10:00-11:30am
Free Family Swims
Where: Surrey Sports Leisure
Time: 3:00-5:00pm

19. Mood Disorders Group
Where: Surrey Clubhouse
The Roost 13582 - 68 Ave
Time: 6:00-8:00pm

20. Cheap Movies
Where: Theatres around Town
When: All Day

21. Elders Circle
Time: 1:00-3:00pm
Community Free Meal
Where: Sources Women's PL
Time: 12:00-1:30pm

22. Community Dinner
Where: First United Church
White Rock
Time: 4:30pm
Men's & Woman's Sharing Circle (Info at back page)

23. Free Counselling To Low Income Families (By Appointment)
Where: Options 9815 - 140 St.,
Time: 10:00-5:00pm
Elders Circle
Time: 1:00-3:00pm

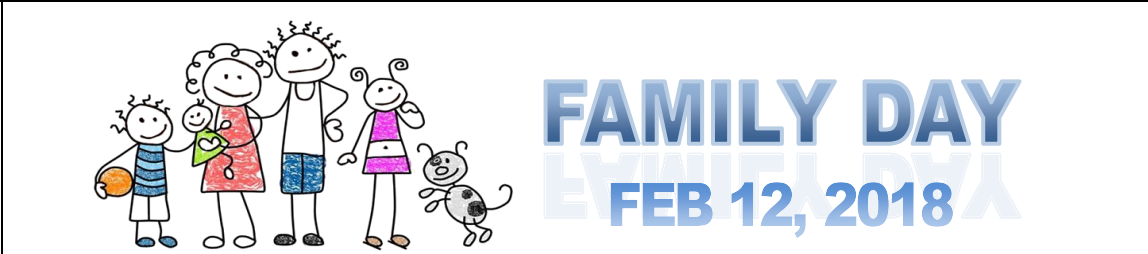
24. Members Coffee
Where: Central City Starbucks
Time: 10:00-11:30am.

25. Members Coffee
Where: Central City Starbucks
Time: 10:00-11:30am

26. Free Lunch
Where: Surrey Urban Mission
Time: 11:30am-1:00pm

27. Cheap Movies
Where: Theatres around Town
When: All Day

28. Elders Circle
Time: 1:00-3:00pm
Community Free Meal
Where: Sources Women's PL
Time: 12:00-1:30pm



LEISURE & FUN ACTIVITIES IN YOUR COMMUNITY

DROP IN PROGRAMS

FREE FAMILY SWIMS held at different pools on different days:

- **NORTH SURREY INDOOR POOL:** 10275 City Pkwy. Last Saturday of each month from 2-5pm
- **SURREY SPORTS & LEISURE POOL:** 16555 Fraser Hwy. #100, 3rd Sunday of each month from 3-5pm
- **SOUTH SURREY INDOOR POOL:** 14655 - 17 Ave, 1st Saturday of each month, 1-4pm.

Members Coffee @ Central City: 10153 King George Blvd. Meet at Starbucks near the food court. 10-11:30am on Sat and Sun. Enjoy the company of peers while sipping your own tea or coffee. Price is just the cost of your beverage.

Weekly Painting Group @ South Surrey Recreation & Art Centre: 14601 - 20 Ave, meets every Thursday from 6-9pm. Everyone does their own thing, no lessons, just fun, friendship and helpful hints. \$10 per month. For more details contact Anne Wiese: aewiese@hotmail.com; or 604.536.8160.

GENERAL ACTIVITIES

- **Tuesday Cheap Movie Nights:** Any movie theatres in the lower mainland. Discounted price of \$6-7 in most theatres. Cheapest tickets in Surrey at Hollywood 3.
- **Surrey Urban Farmers Market:** Come by with the family for a snack at our food trucks, or drop by for some groceries after work! City Hall Plaza • 13450 - 104 Ave (June-October)
- **Cloverdale Market:** Located at the Cloverdale Fairgrounds off of 176th St. (Hwy 15) & 62nd Ave. Contact: 604.837.1676
- **Free Counselling To Low Income Families:** Moving Forward Family Services in Newton (by appointment, not a drop-in) 778.321.3054



ADULTS & SENIORS

- **Men's & Women's Sharing Circle @ Fraser Region Aboriginal Friendship Centre:** 6878 King George Blvd. You are encouraged to talk about what you believe is important. Using the Seven Sacred Teachings, we will find and share solutions, ideas about life's challenges and accomplishments. Women's Circle @ Fraser Region Aboriginal Friendship Centre, Thursdays 2-4pm; Men's Circle Fridays 2-4pm.
- **Circle for Elders @ Fraser Region Aboriginal Friendship Centre:** 6878 King George Boulevard held on Wednesdays and Fridays 1-3pm. An opportunity for elders to connect with one another, hold fundraisers, and gain access to different resources.
- **Free English Classes for New Immigrants** 9801 King George Blvd Suite #111 & #350 Surrey, BC 604.582.7479 **FREE***

COMMUNITY FREE MEALS

- **Gracepoint Community Church:** 3487 King George Blvd; Sundays 5:00pm
- **Pacific Community Church:** 5337 - 180 St; Mon 6:30pm
- **Sources Women's Place Resource Centre:** 15318 - 20 Ave, offers lunch, Tues-Fri, 12:00-1:30pm, for women and their children.
- **First United Church:** 15385 Semiahmoo Ave, White Rock (Dinner: 4:30pm)

For more information regarding events and recreation in Surrey, please visit:

<https://www.surrey.ca/3464.aspx>

<https://discoversurreybc.com/events-calendar/>

<https://www.surreyleader.com/calendar/#/?i=1>



FEB 2018
on-going events...

